

HIDDEN AND INTERNATIONAL COMPETENCES

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Structure and principles of this workshop

- Learning by doing: exercises
 - individually,
 - in pairs, and
 - in small groups
- Confidentiality:
 - what happens in this room stays in this room
- Voluntariness:
 - participating and sharing is optional

Warming up

- Take a piece of paper (or your phone, laptop..) and
 - Write down 5 professions/jobs that are international in your opinion
- Choose a partner and compare your lists
 - Discuss: what makes a profession/job international?

Looking at our lives

- Now let's work first individually...
- Take a piece of paper (no phones now!)
- Think through your life, starting from as early as you want and make a timeline of your international experiences
 - You can add language courses, hobbies, holidays abroad, foreign friends, tv shows you followed, films you loved, people you've met, studies or work abroad etc.
- When you have finished: look at your time line and write down at least 3 things you have learned from your international experiences
- Share your findings with a pair

Identifying our skills

- Make small groups, preferably with people you do not know!
- Take pieces of paper so that you have one for each of the other members in your group + write their names at the top of the paper
- Now, take turns in
 - Telling each other of an international experience in your life where you felt you succeeded in some way
 - Listening carefully to the story-teller's talk and writing down a list of skills/competences you identify from his/her story
 - Giving feedback to him/her: what did you hear from the story

After one story+feedback: switch roles

Wrapping up

- What are you taking home from this workshop?
- Where could you benefit from this kind of exercises?

Sources

www.cimo.fi/hidden_competences

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